

theMillwatermag

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Your FREE monthly magazine
of all things Millwater
March 2018



Why do we love colour?

Millwater Property Talk
with Grayson

Composting the HBC to Zero Waste

Editor's note

The summer weather stuttered a bit last month, but then brought some 'proper weather' for us to get out and enjoy working in our gardens – haven't the weeds grown beautifully! I sometimes think that we should prefer growing weeds, since they seem so easy to grow and so much more at home in our gardens.



Photography has always been one of my favourite pastimes and it is a pleasure to see this year's annual contest-winning image. We had some amazing images from which to choose and the decision wasn't easy; but there could only be one winner and you have already seen Katie Hodgson's great 'sun, sand and sunnies' image on the cover of this month's magazine. We are very grateful to Paul Conroy of Visual Voice Photography in Orewa, for yet again organising this annual competition for us.

Bikes, scooters and skateboards are great fun, and we love to see our kids enjoying the buzz of excitement when riding them. With the ever-increasing amount of road traffic, it's a pity to read on our Facebook page that some kids are pushing the adrenalin envelope a tad too much, by dicing with the traffic, so this is a gentle reminder to parents that we all, including motorists, need to be 'watchful wheelers, eyeball peelers.'

Your own, local Rotary Satellite Club of Orewa-Millwater is running a fun Swimathon at the Stanmore Bay Pool and Leisure Centre, on Sunday 18th March. Why not take part and help raise money for two great local youth charities? Details are on rotaryswimathon.org.nz

Brian Mullan
Editor
March 2018

theMillwatermag

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Front Cover: the winning image from the Summer Photography Competition.



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themillwaterinterview



Our multi-cultural Millwater community is home to people from many countries, and we decided this month to seek a Chinese perspective. Shanshan Ning is well-known for her gardening posts on Facebook, and through her excellent Chinese history lectures in the Stoney Homestead Community Hub. We met up recently to learn more.

"I grew up in Tai'an city in Western Shandong province, where Mount Tai is culturally important, lying just 80km from the birthplace of Confucius," Shanshan told us, "and it's where I spent a wonderful childhood on the mountain with my dad's mum, Nāinai, and in the city with my mum's mum, Laolao." Shanshan was a very happy child, and curious about the outside world beyond Tai'an.

In 1999, Chinese authorities first allowed self-funded students to study overseas. Shanshan researched opportunities on the internet, not just for study but also to help her family move forward. "My mum came to realise that better opportunities to progress existed overseas," Shanshan added, "and in November 2001 I landed in New Zealand."

Following a successful year-13 foundation course in Auckland, Shanshan went to AUT to study nursing. Achieving success was very important to Shanshan and her family, and she passed her

exams with flying colours. "Failure was not an option," she said, "that would have meant shame and humiliation for my family."

Shanshan started work in the orthopaedic ward at North Shore Hospital and, with her long-time boyfriend (now her husband), began planning a financially-secure family future. This also led to her husband training to become a Police officer. Their first daughter was born and her parents soon joined them. "Dad bred small animals in China but decided to focus on horticulture here, and now produces wholesale quantities of flowers in Helensville," she added. "My sister's family is still involved with this successful business."

In 2011, following the sudden death in a car crash of her husband's dad, and the arrival of their second daughter, Shanshan decided that her former focus on the importance of money was really not that important after all. A year of mourning over, Shanshan became involved in the property market and the family moved to Totara Views in late 2012, where they met a very nice neighbour who is a lawyer. "My husband subsequently studied law and became a lawyer, whilst I was a stay-at-home mum rather than using day-care," Shanshan added, "but he has since decided to return to a Police career."

Now a casual-contract hospital theatre nurse, Shanshan soon integrated into the very different routine of being part of a patient-focussed team. "I'm working on being stronger in myself and to being able to address and improve those things that I feel are not right," Shanshan said, "because the patient is the centre of our care."

Shanshan's love of history and language came across strongly – speaking just one language is to her akin to seeing the world with just one eye. Movies and gardening are also of great importance, especially the Chinese gardening group. She is also a keen oil painter and Chinese brush calligraphist, which activities aid her personal calmness. "Now living in Millwater, I really do feel that I am in Paradise here in New Zealand," Shanshan concluded, "and very content that I have made the right choices for my family."

We came away with a profound respect for the Chinese philosophy of life and family, which is different yet complementary to our own way of living – if we just take the time to talk to and understand our Chinese neighbours.

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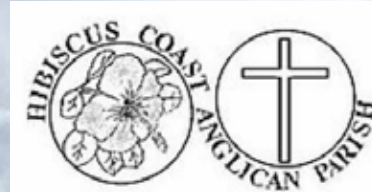
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- Every Weds** Hibiscus Coast Scottish Country Dance Club
Silverdale Hall • 7:30pm
- Every Sat** Millwater parkrun 8am • See www.parkrun.co.nz/millwater for more details
- Every Thurs** New to NZ? Orewa Library hosts a very informal conversational English group for new immigrants, every Thursday from 3.30 – 4.30pm in term time. This is a free session with a qualified ESOL teacher. We chat about Kiwi customs, health, shopping, neighbours... all kinds of things which are relevant to our daily lives. Children are welcome! Why not give it a try?
- Weds/Thurs** Rotary Satellite Club of Orewa-Millwater • at Stoney Homestead Community Hub, Galbraith Greens • 1st Weds every month 6pm • 3rd Thursday every month 7pm
- Every Weds** Hibiscus Coast Mid-Week Badminton Club • 9am-noon Orewa Badminton Hall, Victor Eaves Park
- Every Thurs** Ukelele Classes • Estuary Arts Centre from 7-8:30pm • All welcome - classes for beginners to advanced so just turn up and bring your uke for a night of community fun! Enquiries/book a spot, call Avon Hansen-Beadle 021 421 109 or 4766361.
- 1st Weds of each month** HBC Grandparents Parenting Grandchildren support group • 11am - 1.45pm • Red Beach Methodist Church • Free group offering support, friendship, guest speakers and lunch • Further details contact Sonia 0274 802 287
- 4th Tues of each month** Zonta Club of Hibiscus Coast, not-for-profit service club • Dinner meetings with guest speaker The Wade Hotel, 2 Tavern Road, Silverdale • 6.00pm • Visitors are most welcome
Contact hibiscucoast@zonta.org.nz
- Every school term Tuesday** Crafts Group • Orewa Community Church 235 Hibiscus Coast H'way, Orewa 10am - 12pm • \$2 for morning tea & craft creche provided
- Every school term Friday** Arts Group • Orewa Community Church 235 Hibiscus Coast H'way, Orewa 10am - 1pm
\$2 includes morning tea • suitable for beginners
- Every Tues** Hibiscus Coast Rock & Roll • Whangaparaoa Hall 7pm lessons • 8pm general dancing • Wear soft sole flat shoes • Wear layers as you get extremely hot dancing • Further info on our website & Facebook.
- Every 2nd Thurs** Join Hibiscus Coast Concert Band! • all ages & abilities welcome • see our website hccb.org.nz or call 021 186 4599 to check when our next rehearsal is.

If you know of any upcoming local events please contact Sarah at sarah@themillwatermag.co.nz



Join us for services throughout the month:

St Chad's, Orewa
Sunday 8am and 9:30am
Wednesday 9:30am

Christ Church, Waiwera
1st Sunday 11:15am

Holy Trinity, Silverdale
2nd & 4th Sundays 9am

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vet speak

Home hazards pet owners should be aware of

Many pet owners are aware of the most common dangers to pets — such as antifreeze, rat bait, weed killer and certain types of food. However, there are many other everyday household items that pose just as serious a danger.

Household chemicals

Cleaning products often contain highly toxic chemicals, so it's important to ensure these are kept safely shut away from your pet. Pets also like the smell and taste of antifreeze and windscreen washer, so tightly cover containers.

Electrical cords

Electrocution or burns from electrical cords is a particular risk for puppies and kittens, as they tend to chew things more than older dogs.

Houseplants

Many houseplants, including dieffenbachia, elephant ear and spider plants, are poisonous. Remove them or put them out of reach in hanging baskets.

Human medicines

Only ever give your pet medicines that have been prescribed by your vet. Human painkillers such as ibuprofen and paracetamol can be deadly for dogs and cats. Vitamin and

mineral supplements are also potentially dangerous.

Prescribed pet medicines

If your pet has been prescribed medicine by the vet, ensure you follow the instructions on the packaging carefully and, if you aren't sure, call your vet to double check. If the medicine has been designed to be palatable, it's important to ensure it is stored away from reach.

Batteries

If your pet chews and pierces a battery, it can cause chemical burns and heavy-metal poisoning. This is particularly dangerous if he chews it first and then swallows it. Batteries can also cause an obstruction if swallowed whole.

Plastic bags

These pose a danger of choking or suffocation, so ensure they're kept out of reach. They can also cause intestinal blockages.

Washing machines and tumble dryers

Keep washing machine and tumble dryers closed, as your pet may climb in and become trapped. Always check before you put a load on.

Jemma Hedges



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mortgagematters

Beware of Common Misconceptions



If you've been reading or hearing media commentaries relating to the Auckland property market, you could be forgiven for thinking that it's very difficult to buy a property these days.

Despite the Auckland property market having cooled, and more stock being

available, good quality, realistically-priced properties are still selling, and banks are still lending to purchasers.

Media headlines (in isolation) are not always an accurate representation of the situation, and many commentaries are easily misinterpreted, which can lead to widespread misconceptions. Some readers might think that they have no hope of securing finance for a property purchase when that might not necessarily be the case.

An example of a common misconception we see is aspiring homeowners believing that they need a deposit of at least 20% of a property's value in order to purchase a home. However, this is not necessarily the case. Banks have, for some time, been able to lend a portion of their new lending for low deposit purchases. Late last year the Reserve Bank announced that from 1 January the portion that banks can lend would increase, opening the door to more low deposit applicants. Bank policies are generally more restrictive in the low deposit space, and the finance is

generally more expensive (than for those with a 20% deposit), but many aspiring homeowners are willing to accept those conditions if it leads to them being able to buy a home for themselves.

We also recommend paying close attention to the terminology used in media commentaries. Common phrases such as median price, average price, value and sales volumes are frequently used by various commentators. Some readers or listeners may get the wrong impression if they confuse one statistic for another.

It is easy to see how and why readers may get the wrong idea about certain aspects of the property market. If you have any questions, or would like to discuss the property market and your options in further detail, please give me a call.

Wayne Lawrie is a Registered Financial Adviser specialising in mortgages. His disclosure statement is available free of charge, upon request.

Honouring Bill



There are some people who enter our lives and leave a lasting impact. Bill Toohill was such a person.

Many of you who have kids in the HBC Athletics will know Bill and know that this is true. Bill passed away last month. I attended his funeral; no, that word sounds too sad. I attended the Celebration of His Life. It was standing room only, filled with

people of every age.

My husband and I went to honour Bill and the influence he had in our family's lives. One person who shared their life with Bill asked those present, "If Bill had an impact on your life that changed the course of your life, could you stand?" Half of the room stood.

I knew who he was to me. It was eye-opening to see who he was to so many others. It affected me, as times like this often affect us, and I went home with my heart and mind full. I was confronted with the question, "How many people would stand at my Celebration of Life, if that question was asked?"

The thing about Bill is; he wasn't who he was in the hopes or expectation of appreciation or acknowledgement. He was just being Bill. He gave so freely of himself and people's lives were changed.

Many called him Uncle Bill and others knew him as that nice guy with the white hair. He was a role model for all. The legacy he leaves for his family is one that cannot be bought.

So; what's *our* legacy? What will our children see us leaving behind? This community is already showing that Uncle Bill was not alone. We've got a few coming up in the ranks. Uncle Colin, Aunt Louise, Uncle Barry and Aunt Sarah, along with many others who give so generously of themselves. Let's not wait to honour our everyday heroes. Let's not wait; let's be an everyday hero.

Rechelle McNair, sKids Kingsway

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book of the month

The Wife Between Us by Greer Hendricks and Sarah Pakkanen



The Wife Between Us is the most brilliantly plotted book that I have read in a long time, and right now it would be my pick for 2018. The opening chapters alternate between an older woman whose husband Richard has divorced to marry another younger woman – and a younger woman set to marry the man she loves. The older woman is a wrecked woman, a shadow of her former self, finding solace in alcohol, and obsessed with her pretty replacement. The younger woman is preparing for her wedding to Richard, but all the while she feels like someone is watching her.

It's impossible to say much more about this novel without giving everything away. But there is a certain point in the novel where you suddenly understand that what you have been reading isn't what you thought it was – suddenly the viewpoint changes, so you have a completely different understanding of what you have previously read. And then there is another twist nearer the end, that perfectly brings the book to a satisfying close. The genius of *The Wife Between Us* is that when the reader finds out the complete truth, it is emotionally satisfying, not some cheap twist that makes no sense. The book becomes much more nuanced as the story progresses, and what you think is a novel about an older woman obsessed with her husband's new, pretty fiancé, is, in fact, a story with much deeper themes.

The authors have done a wonderful job with character, pace, and especially the brilliant plot line, and they deserved to be congratulated on creating such a masterpiece of contemporary, thriller fiction. *The Wife Between Us* is a first-rate read that is completely unputdownable, and emotionally fulfilling.

Karen McMillan, author of *Everyday Strength* and *Brushstrokes of Memory*, www.karenm.co.nz

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Why do we love colour?



Why do we love colour so much? We use colour in our homes, put colour on our nails, colour our hair and pop that bold colour on our lips. Colour can make us feel happier and sparks emotions.

We live in a world of colour, we respond to colour. Colour is an important part of our lives and it affects our moods, our emotions and shows off our personalities, which makes us memorable.

The human mind is focused on colour; it sends signals to our brain and it is proven that we remember in colour a lot easier than in neutrals. Colour helps us process information, it can even positively or negatively affect how a person remembers you.

How can you use colour to your advantage?

Be memorable... applying for jobs, going for interviews? Wear a colour that is approachable but makes you memorable, this will set you apart and shows your individuality. Colour speaks louder than you can ever imagine, and it sets the tone that can set you apart from the crowd.

Build a versatile wardrobe... Neutrals have their place and we need them to build our wardrobe, but adding colour will make your wardrobe come alive. We are all made up of our own unique colouring; this can be enhanced by wearing colours that suit our skin tone, not only will you look and feel better, but able to mix and match all the colours from your family of colours with ease. Allowing you to build a wearable, smaller with more options wardrobe. Who doesn't want that!

Feeling flat?... wear a colour that brings you energy; look at adding a vibrant warmer-toned colour into your outfit. Or possibly you want to conserve your energy, then you may need to consider cooler tones.

Love and live colour.

Janine Shultz
Natural Style

Romeo-Rowena Summer Fun



The now-traditional midsummer get-together of the Millwater ROMEOs (Retired Old Men Eating Out) and ROWENAs (Retired Old Women Enjoying Nice Afternoons) was held in the splendid Peninsula Room at Wainui Golf Club on the sunny evening of January 24th. Twenty-eight good friends enjoyed excellent canapés and drinks – but most of all the great conversation and company of others. A veritable mountain of delicious snacks was reduced to the small

hillock that you see here in the photograph.

The ROMEOs and ROWENAs will now go their separate ways, but are already thinking about the venue for the next joint outing around midwinter. The ROMEOs and ROWENAs are just two of several very social groups in Millwater, who epitomise the warmth, unity, hospitality and friendship of this great community.

pharmacytalk

Magnesium for kids



Did you know that magnesium is vital for every cell in your body, and is essential for over 300 major cellular functions?

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Good Health Magnesium Sleep Cream helps to soothe the senses and promote a relaxing, quality night-time sleep. With genuine Zechstein™ magnesium and essential oils, including a hint of lavender, **Magnesium Sleep Cream** gently helps you to fall asleep naturally. With no parabens and in a non-greasy format, **Magnesium Sleep Cream** is rapidly absorbed through the skin. This unique formulation includes chamomile, lavender and aloe vera. **Magnesium Sleep Cream** supports relaxation and has a calming effect on the muscles and mind.

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Sunday: Closed

The benefits of Colostrum

With our kids going back to school, what to supplement and support their body and mind has been top of mind for me recently. I am a big believer in the benefits of Colostrum and the more well-known fish oil with Omega 3, to support children's growth and brain development and function.

I think Colostrum offers substantial benefits to children's growth and development. Sourced from dairy cows and surplus to their requirements, Colostrum, the first milk produced by humans and mammals, is called nature's first superfood and is naturally rich in essential nutrients, proteins, antibodies, antioxidants, vitamins, minerals and amino acids. They promote growth, provide superb support to the immune system, bone and teeth health and very especially gut health and repair, to maintain a healthy tummy. When used for eczema and allergy situations, in conjunction with a good probiotic, I have many times seen great results. A lot of eczema and allergy scenarios originate with the issue of a permeable or leaky gut. The Colostrum contains Lactoferrin, which may help to repair the epithelial smooth wall muscle in the gut. Kids love the chewable creamy taste and bear-shape of chewable Colostrum tablets too, so it's a useful bargaining tool for getting them to attend to whatever they are meant to be doing!

In conjunction with Colostrum, Smarty Fish provide a very good intake of Omega 3. The Omega 3 contains excellent levels of DHA and EPA, which are proven brain, concentration and behaviour builders. While DHA is a component of brain tissue, research shows children (and adults) need both EPA and DHA. Omega 3 and EPA are actually more effective for brain functions, such as mood or behaviour. So, just what kids need; both at school in the classroom and after school, to support brain stamina and focus. The Smarty Fish also provide really important key nutrients; iodine and zinc for normal mental and physical development, as well as a bit more Colostrum for growth and immune support.

So, why wouldn't you make use of these incredible gifts from nature? Investing in their smart minds and bodies now may pay off with the kids buying you a Ferrari or the electric equivalent in the future! Or, even your supplements for you when you're older!

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PB4L at Silverdale School



We are extremely excited to share our 2018 focus at Silverdale School: Positive Behaviour for Learning (PB4L). The main focus for this initiative is to become a values-based school with a strong values culture.

Our new Silverdale School values are:

Kindness / Atawhai

Excellence / Hiranga

Respect / Whakaute

Integrity / Ngākau pono

To start this PB4L journey, we had an amazing launch where we introduced our Silverdale School values and had a lunch together, sitting as a whole-school and mixing with friends, siblings and teachers.

We are keen for our community to help our school establish strong values in our children and hope that, when you see our Silverdale children out and about, they will be displaying kindness, excellence, respect and integrity.

themillwaterinsider

Stoney Homestead Community Hub

Our full contact information is:

Address: 12 Galbraith Greens, Millwater; Email info@stoneyhomestead.org.nz; Facebook @StoneyHomestead; and Phone 021 0267 9111

Gorse in our gardens

This out-of-control weed is causing issues around Rodney and can even be found in our gardens in Millwater. It can be seen growing in abundance down by the Arran Bridge! If you see it in your garden, please attend to it and help stop it spreading throughout our lovely community.

1st Annual HSV Car Show

For all you HSV Owners: be it your pride and joy, your daily drive or an HSV race car, here is a car show for you. This event is to be held on Saturday 10th March 2018 in Orewa, on the reserve in the front of the Surf Club. There will be trophies, raffles and a sausage sizzle.

Charity of Choice is Westpac Helicopter Trust. Entry fee will be \$10 per car load. A relaxing and fun day by the beach and to show off our cars.

Contact NZ HSV Owners Club for entry details.
www.hsvclub.com
president@hsvclub.com

Watch this space!

For an exclusive Millwater event coming soon! Live music, food and entertainment, good times!

Summer Photography Competition

Thank you to everyone who took the time to submit entries to our Summer Photography Competition. The standard was very high, which made it especially difficult to pick a winner. That said, the judges, Sarah Furniss and Brian Mullan, unanimously agreed that the picture of sunglasses in the sand taken by Katie Hodgson was the Winner. The judges thought that Katie's image was very creative and epitomised the summer we've all been experiencing this year. Congratulations, Katie, you've won an A3 canvas of your picture courtesy of Visual Voice Photography, and your picture is this month's magazine cover. Well done!

Our New Mall

Word has it that the doors will open late March. Sources tell us we can look forward to the following stores:

Farmers	Maru Sushi
Pascoes	Vivo
Stevens	Shake Shed
Whitcoulls	Everlast znails
Fabulous Flowers	Rodney Wayne
Michael Hill	Omni Tech
2 Degrees	Ziera
Vodafone	Deejays Shoes
Sierra Cafe	Jeans West
Tank	Hartleys
Spec Savers	K&K
Max Fashions	

There are 2 stores yet to be confirmed so we hope to clarify these for you soon.

Rotary Swimarathon

A fantastic fun swim event is happening at the Stanmore Bay Pool and Leisure Centre, on Sunday 18th March, between 9am and 5pm. Brian Mullan of the Rotary Satellite Club of Orewa-Millwater chairs the committee, which is made up of members also from Rotary Orewa and Rotary Whangaparaoa. This inaugural Hibiscus Coast RotarySwimarathon is based on 29 years of successful events run by the Rotary Club of Grantham, UK, which has already raised over \$1.5 million for charity. Our own RotarySwimarathon will raise money for HBC Youth Centre in Orewa and for Youth in Transition, which deals with youth suicide. Other local registered charities are invited to apply for a minor share of the funds raised.

We are calling for teams of 6 swimmers to take part and help our local charities. For more information and to enter your teams, go to www.rotaryswimarathon.org.nz You get to choose your own team name – the wackier the better!



Millwater 區內情報要點

Stoney Homestead Community Hub

Millwater社區中心，歡迎租用或查詢活動資訊

地址：12 Galbraith Greens, Millwater

电邮: info@stoneyhomestead.org.nz，聯絡電話：021 0267 9111. Facebook @StoneyHomestead

Gorse in our gardens

金雀花(Gorse)这种失控的杂草对Rodney区造成不少的困扰，这些杂草甚至可以在我们的Millwater花园找到，例如Arran Bridge便可以看见它们大量的增长！如果你在花园里看到它，请尽快把它们移除，并帮助阻止它蔓延到我们可爱的社区。

1st Annual HSV Car Show

所有HSV车主请留意：无论它是你的骄傲和喜悦、还是你日常驾驶的车、或是HSV赛车，你绝不能错过这个车展。本次活动将于2018年3月10日星期六在Orewa举行，地点在冲浪俱乐部(Surf Club)前。当天将会有奖杯，抽奖和烧烤香肠。

收益会捐赠给慈善机构“西太平洋银行直升机信托公司”。

每辆车的入场费为10元。

大家一起前来在沙滩上度过轻松愉快的一天，也藉此炫耀我们漂亮的HSV汽车。

请联系NZ HSV业主俱乐部了解详情。

www.hsvclub.com
president@hsvclub.com

Watch this space!

留意这个专栏，我们将会介绍即将推出的独家Millwater活动！到时会有现场音乐、美食和娱乐！

Summer Photography Competition

感谢所有花时间提交夏季摄影大赛参赛作品居民。每个作品的水准都非常高，这使得挑选获胜者特别困难。最后，评委Sarah Furniss和Brian Mullan一致认为冠军由Katie Hodgson在沙滩上拍摄的太阳镜照片获得。评委们认为Katie的拍摄手法非常有创意，把我们夏季的缩影都放入了照片中。恭喜Katie，Visual Voice Photography将会把你的照片打印于A3画布上作为奖品，你的照片也是本月的杂志封面。做得好！

Our New Mall

有消息称我们的新商场三月下旬将会开放。消息来源告诉我们会有以下商店：

Farmers	Tank
Pascoes	Spec Savers
Stevens	Max Fashions
Whitcoulls	Maru Sushi
Fabulous Flowers花店	Vivo
Michael Hill	Shake Shed
2 Degrees	Everlast Nails
Vodafone	Rodney Wayne
Sierra Cafe	Omni Tech
Ziera	Deejays Shoes
Jeans West	Hartleys

K&K

手机饰品及维修店

还有2家商店尚未确认，有消息必会告诉大家。

Rotary Swimarathon

在3月18日周日上午9时至下午5时期间，Stanmore Bay游泳池和休闲中心将举行奇妙有趣的游泳活动。Orewa-Millwater扶轮社卫星俱乐部由Brian Mullan担任委员会主席，该委员会由Rotary Orewa和Rotary Whangaparaoa的成员组成。俱乐部将会首次举办芙蓉海岸RotarySwimarathon，形式是基于英国Grantham扶轮社29年成功举办的活动，该活动已为当地慈善事业筹集超过150万元。我们这次的RotarySwimarathon将为Orewa的HBC青年中心和转型青年筹集资金，用于处理青年自杀问题。其他当地注册的慈善机构也会被邀请申请一小部分的善款。

我们呼吁大家组织每队有6名成员的队伍参加比赛，一起来帮助我们当地的慈善机构。欲了解更多信息并注册您的团队，请浏览www.rotaryswimarathon.org.nz，您可以选择自己的团队名称 - 越奇怪的名字越好！

Locals helping locals

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www.mikepero.com

Cnr of Millwater Parkway and Bankside Rd, Millwater

millwaterRomeos



The February outing for 17 members of the ROMEOs (Retired Old Men Eating Out) was a conducted tour of Dad's Pies in Silverdale. Originally started in a small building at Red Beach in 1981 by the current owner, Eddie Grooten, fast-growing popularity meant that the premises soon became too small, and Dad's Pies was moved in 2001 to Silverdale.

The tour commenced with a viewing of the 2 x 25-ton flour silos, each of which provides enough flour for just 4 days! On entering the factory, all visitors are supplied with coats, gumboots and hair nets; men with beards also wore a face net. There are foot baths at various points throughout the factory – all helping to maintain hygiene – hence the gumboots.

The pie-making is almost totally automated, starting with the pastry which is folded up to 80 times to ensure top quality flaky pastry. From there it passes through various stages of filling, quality control etc, and finally to packers who put the pies into cartons for the home and overseas markets, including Japan. We were surprised at Japanese people eating pies, but Eddie reminded us that the Japanese never thought 10-15 years ago that New Zealanders would be eating sushi!

Dad's Pies employs 90 staff, make 18 differently flavoured pies, and produce 60,000 to 80,000 pies per day in a single shift! Top quality meat is sourced from farms throughout the country.

The visit was voted one of the most interesting by the group and we can assure you that the pies are first class! The ROMEOs then enjoyed an excellent lunch at the Wade Tavern before partaking of tea, coffee and home-made cake at the home of the organiser of the excellent ROMEOs day out.

Silverdale Pioneer Village

15 Wainui Road, Silverdale

Upcoming Events March 2018

Friday March 2nd - Antique Appraisal and Talk

John Perry, curator of the Rotorua Museum for about twenty years and who has since run a successful antiques and collectables business in Helensville, will provide appraisals, "Antiques Roadshow" style, of anything you care to bring along to the Old Chapel, Silverdale Pioneer Village at 11am on Friday 2nd March 2018. Gold Coin Donation. John is very knowledgeable and he may also share some reminiscences

of his professional life. See contact details below for more information.

Tuesday March 20th - Silverdale and District Historical Society Coffee Morning

10.30am in the Pioneer Village Parsonage. All Welcome. Discuss historical issues or bring along objects and items of interest. See contact details below for more information.

pioneervillage1968@gmail.com
www.silverdalemuseum.org.nz

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'Congratulations Max on your successful efforts in selling our Millwater apartment. We were impressed with your professionalism, commitment & knowledge of the local housing market. Despite the market being slow with the use of home staging ensured a relatively quick sale. The bonus of the Marketing Promo also gave Mike Pero Millwater a decided advantage over the other agencies as far as we were concerned. We would recommend Max as an agent that we would certainly use again.'

Cheryl & Dean Hodgson



Max Zhang
021 521 888



Big shout for local Gustav Wentzel and Stealth Media, designed great website for Hibiscus Men's Shed www.hibiscusmens-shed.co.nz

Brian Mullan



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holiday destinations

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There is probably no other country on the planet that blazes its ways into your memory like India! With the most spectacular countryside, colourful festivals and spotting the Bengal tigers.

Northern India is the most important part of India and has shaped history and culture over thousands of years.

The main four religions in India are Hinduism, Islam, Buddhism, and Jainism. The sacred rivers of the Ganga, Yamuna and many other important rivers are sourced in northern India. The mighty Himalayas, which safeguard the country, also make up the part of northern India.

The famous Golden Triangle is the perfect introduction to India's three most popular destinations – Delhi, Agra, and Jaipur. Explore the icons and discover the secrets of this fascinating region. Experience the history of massive forts, the opulence and splendour of Rajasthan's palaces, the buzz of markets and bazaars.

If you have never been to India before, this is a great place to start on a 6-day tour of the Golden Triangle. The combination of three enchanting destinations beautifully displays the richness of India.

You will get to see the beautiful Taj Mahal situated in Agra, which is necessary on any journey to India.

Jaipur is the capital of Rajasthan and is one of the most colourful and vibrant states in India and is famous for its forts and palaces; and experience the sights and sounds of Delhi.

So, if you are stuck for ideas this year on a holiday, why not give India a go! We have some great itineraries and wonderful companies that will take care of everything for you and give you long-lasting memories.

If you would like a brochure, please feel free to contact me.

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THE ULTIMATE LAUNDRY - Part One



When Sarah recently asked me if I'd be interested in writing a column about Interior Design for [theMillwaterMag](#), my immediate thought was definitely not! I'm not good with words – I am a visual person! But it's a 'milestone year' for me this year and it's all about trying new things, so here I go!

I thought about the houses that I've visited in Millwater (and there are quite a few!) and the one area that I think is often neglected is the Laundry. I know it's not an exciting space, but, for all of us with families, it is a very hard-working area. It's vital that its design is both practical and functional. So where do you start and what are the essentials? I've put together a list of top tips for creating the ultimate laundry, to share with you over the next two months.

1. Location

Too often, the Laundry is crammed into the garage space, and trying to manoeuvre laundry baskets around cars is never a good idea! Ideally, your laundry should be placed as close to the kitchen or service area as possible. It's best to position it away from the bedrooms and entertaining spaces, so that noise isn't an issue.

2. Layout

If possible, consider positioning your washing machine between your sink and laundry baskets, allowing you to transfer clothing directly between these areas. Positioning the dryer next to or above the washing machine reduces double-handling, and ensures you have bench space close-by so clothing can be folded or sorted directly from your dryer.

3. Storage

Ample storage is pure gold in your laundry. Include a combination of cupboards, overheads, drawers and bench-top space for the ultimate storage hub. Overheads are ideal for storing chemicals and cleaners up high, out of reach of children, and the inclusion of a tall cupboard allows you to store brooms, mops and vacuum cleaners out of sight. We also included a large heated towel rail in our laundry, which is great as a back-up to dry clothes in bad weather.

Four more tips next month!

By Lisa Byrne
BYRNE HOMES



Easter Brunch Menu

Cured Salmon w/ Creme Fraiche & Horseradish, Iced Prawns w/ Cocktail Sauce, Assorted Seasonal Salads, Charcuterie Platter w/ Dips & Bread, Honey Roasted Ham, Pea Risotto w/ Toasted Pecans & Kikorangi Cheese, Roast Rump of Lamb w/ Cous Cous & Tagine jus, Pot Roast Chicken w/ Root Veg Fresh Hebs & Truffle Oil, Market Fish w/ Coconut Rice & Mild Red Curry, Seasonal Roast Veg, Duck Fat Potatoes, Creme Brulee, Chocolate Mud Cake, Lemon Meringue Tart, Banoffee Pie, Coffee & Tea Reservations Essential

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DO YOU WANT BEAUTIFUL SKIN?

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But if you are expecting an overnight miracle cure, you'll just end up disappointed and lighter in your wallet. I see so many fake beauty cures on the internet and on the telly; promising results that are simply not possible. Filters on images and videos, re-touched photos, fake before and after images selling cheap or sometimes expensive products, with fake reviews and testimonials. If it's too good to be true, do your research before you part with your money or sign up for a treatment course.

The reality is that beautiful skin takes expert advice, patience, and commitment to lifestyle changes, professional treatments, and diligence with your everyday skincare routine at home. Good sun care is a very important part – not forgetting diet, exercise and alcohol consumption.

Consistency is the key, and quality professional-strength products are the best tools for a beautiful skin. In-salon treatment plans are bespoke and tailor-made to get the best results.

Still keeping your budget in mind: consultations are always free and the best way to see what's available, and with whom you feel most comfortable to start your skin's journey.

Deciding on a skincare range can also be daunting, as there are so many ranges out there. Deciding the results that you want to achieve will depend of the range that will deliver exactly that!

From organic to cosmetic to cosmeceuticals: Cosmeceuticals, for example, contain high concentration of Vitamins A, B and C for maximum penetration and quick results. Most ranges offer samples or great starter kits that give you a very good idea and feel if it's the one for you.

Sometime, you'll have to try a few to get your perfect match, but that's what your skincare therapist is there for; to guide you in finding the best skincare routine for the best results.

Start your skin journey with me today!

Amelia
Beauty Aspects
(see advert page 41)

THE BEST CURE FOR INSOMNIA

Read your insurance policy wording!

Once my clients have their personal insurance policy issued, I encourage them to read the policy wording, to gain some familiarity with it. This is in addition to having already explained the key features and benefits of the recommended covers during the advice process.

An insurance policy is not exactly great bed-time reading, as it's guaranteed to put even the most afflicted insomniac to sleep! For this reason, very few people actually *know* what they are covered for under their insurance protection plan, or – more importantly – what they are *not* covered for. Some people don't even know who their insurer is!

For this reason, it is important to periodically undertake a "warrant of fitness" insurance review so that you can be informed on what your policy covers, gaps in your protection plan are identified and the plan is amended to accommodate your changing needs.

An experienced insurance specialist, who knows the market and is familiar with the policy wordings of different insurers, can provide you with quality advice to tailor your protection plan to your specific needs. For example:

- which insurer has the best medical insurance plan (and why)?
- why are the trauma (critical illness) policies, offered by some banks and other providers, markedly inferior to those offered by the best providers?
- why are some insurers consistently the most expensive in the market, despite offering average or inferior policy wordings?

Furthermore, having a strong advocate to look after your interests during the application / underwriting process – and later, during claim time is when the value of working with a dedicated insurance adviser really pays off.

It's what I do.

Theo Simeonidis is a Registered Financial Adviser, living and working in Millwater, and specialising in personal and business insurances. He is also able to provide a one-stop-shop for fire and general insurances.

For assistance on any personal or business insurances, Theo can be contacted on 027 248 9320 or 09 528 8724 or email theo@uprotectnz.com. Any such assistance is provided on a free, no-obligation basis.

Theo's disclosure statement is available free of charge on request.

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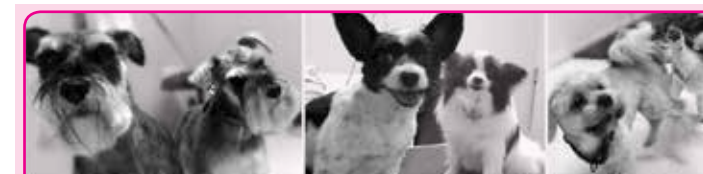
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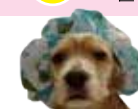
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millwatermalt

Pot Still of the Month



In an occasional departure from Malt of the Month, we cross the Irish sea to a relatively new Distillery at Slane Castle in County Meath, to find our pot still whiskey. Their latest distillation, unsurprisingly and unimaginatively, is simply called Slane Irish Whiskey. We thought we would give it a try.

The black bottle gives no hint as to the content, which is a surprisingly successful 'child' of the trans-Atlantic 'marriage' between the Slane family Conyngham (pronounced Cunningham) and the ancient Kentucky whiskey-making family Brown.

Slane Distillery uses three different casks, to impart an unusual complexity:

Virgin Oak Casks, medium-charred and heavily toasted: Imparting flavours of toasted oak and vanilla

Seasoned Casks: Tennessee whiskey and bourbon barrels: Imparting flavours of caramel, plum, banana and butterscotch

Oloroso Sherry Casks: Imparting flavours of raisins and spices

Colour: Rich honey-gold

Nose: Smooth, complex and robust

Palate: Smooth, complex and with clear oak and spice

Finish: Medium, with lingering spiciness

Overall: Good value for a newbie in an increasingly congested Irish whiskey market. Glad that it's definitely more Irish than Tennessee!

70cl, 40% ABV, target price under \$50 online and also in some shops

Tony Gatman Photography



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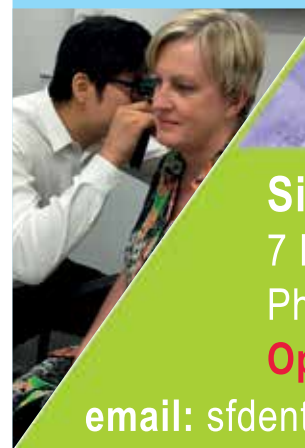
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relationship, they immediately provide the essential documentation that is so important to many.

Born in South Africa and with a useful background in marketing and logistics, Lizette has been in New Zealand for 15 years and gained her law degree soon after arriving in Auckland. "I was then fortunate to join an excellent, broad-spectrum law practice that has 50 years' experience, in which I was able to practice many areas of the law. With this knowledge and experience, I am able to deal effectively across Family Law, Property Conveyancing, Trusts, Estates, Enduring Powers of Attorney, Wills, Relationship Property, and more..." Lizette added. "I take an informative approach; encouraging my clients to take proactive steps and deal with the important stuff before it is too late."

The history of law is closely tied to the development of our civilisation, and has had to evolve in much the same way. Today's fast-paced lifestyle inspired Lizette Heathcote, Barrister and Solicitor, to bring to Millwater a refreshing approach to an essential, but often neglected, part of our modern busy lives.

"I established Heathcote Legal so that I could demonstrate specifically to Millwater that my claim to offer 'Law Made Easy' is no idle boast – I really do offer legal services that are easy, convenient and local," Lizette told us. A little research on Heathcote Legal's website brought home to us just how easy it is to 'pick and mix' from an innovative and well laid-out page of menu-priced options for self-help online legal services. This accessible online service clarified just how affordable and immediately available are the various document options. Although not establishing the all-important lawyer-client

With JP services not always easily available to Millwater people with busy working lives, Lizette also offers a free, mobile service for document certification – and does so outside normal office hours, so as to suit families and others who can't easily make an appointment to see a JP. Lizette said, "I have been doing this for three and a half years and many Millwater folk, knowing now how approachable I am, have already availed themselves of this service."

Far from striking the more traditional, corporate legal pose, Lizette has taken a relaxed and refreshingly modern approach to law, and she is seriously impressive in her focus on providing a service to her local community.

Heathcote Legal, with Lizette Heathcote at its head, is online at www.heathcotelegal.co.nz and, more importantly, this very personable Legal Eagle is available on your doorstep.

TRADIE OF THE MONTH with Maddren Homes

Moving the Earth

Moving earth is a dirty job, but for Jimmy Moses of Earth Developments, when he leaves a building site it not only has quality foundations but is always clean. It's these workmanship traits that have earned him the Maddren Homes Tradie of the Month nomination. His leadership, accountability and communication skills have made him well sought-after and respected, and it's not gone unnoticed. While it's a team effort to build a house, hard workers who go the extra mile deserve recognition, agrees both Maddren Homes and proud sponsor Western ITM. Jimmy's great attitude has earned himself a Western ITM voucher - good on ya, Jimmy.



millwatermotors

We met Peter Lloyd, past Chairman of the North Shore Vintage Car Club (NSVCC), in our double-page article last December, and it was doubly great to meet up with him again recently. Peter has a deep understanding and love of vintage motors, and we were thrilled to be driven in his immaculate and smooth-running 1924 Model-T Ford C-Cab truck.

Peter's Canadian-made right-hand drive Model-T was first owned in Taihape, but not registered because nobody bothered back then other than in bigger towns and cities. After many years down there, it ended up abandoned as a wreck in the bush, before being rescued by a member of the NSVCC. "I've got a photo of it as it was then and we believe it might have started life as a 4-seat tourer before being modified – but everything from the windscreen pillar back was gone," Peter told us. The planned restoration didn't happen and it was sold on to Brian Fenton who lives near the Wade River Pub. "My brother-in-law knew I was looking for a Willy's Jeep and took me to meet Brian," Peter added, "but I found that the bare bones were those of a Model-T, so I bought that instead and brought it home."

The cost of a steel body was prohibitive, so Peter and his carpenter brother-in-law built the wooden body over next 2-3 years, with their labour of love resulting in Peter winning the 'Restoration of the Year' at the NSVCC in 1979. The chosen bread-van style then sported the Connon's Bakery livery

before Peter, wanting to raise money to start his own business, sold it in 1980 to Wayne Pascoe, owner of the Oheunga Glass Company, whose livery it carried before the Model-T went through a succession of owners.

"Three years ago, when I decided I wanted to own another Model-T, I eventually located my old one in Ashburton, through an ad I placed in the Beaded Wheels magazine – but it was a very long negotiation before I was eventually able to close the deal and bring it back home," Peter added. "Positive ID was confirmed from the speckled rewa rewa dashboard and I restored it again to what you see today."

The Endean's Saw Mill livery is a nostalgic King Country memory for Peter, whose childhood was spent playing around there. The Mill is the only, purely NZ-native sawmill and still exists, but it's 'silent' nowadays.

1924 Model-T: Solid live axles on transverse leaf springs; engine 4-cylinder, 4-cycle, 'L' Head with 2 side valves per cylinder, splash lubricated, water-cooled; ignition by commutated 4-coil vibrating reed system; electricity originally from 6-volt battery (Peter's has a 12-volt battery), or flywheel-mounted magneto; planetary transmission, 2 forward, 1 reverse, rear wheel drive via torque tube driveline and bevel-cut gear closed differential. Wheels are 'Artillery' style wood-spoke with demountable clincher rim, balloon tyres 30x3 inch front and 30x3½ inch rear.



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www.rodneycarcentre.co.nz



millwaterproperty

Every month Mike Pero Real Estate Millwater assembles a comprehensive spreadsheet of all the recent sales in the Millwater area that reviews the full range of residential transactions that have occurred.

	Jan 2017	Dec 2017	Jan 2018
Number of Sales	6	15	5
Median Sales Price	\$1,120,000	\$1,130,000	\$1,185,000
Highest Sale Price	\$1,475,000	\$1,400,000	\$1,230,000
Lowest Sale Price	\$1,055,000	\$792,500	\$1,150,000
Average % price to CV	36.96	1.92	-2.21
Average Floor Area (sqm)	206	191	245.6
Weighted Value Index	1415	1455	1352
Average Days to Sell	77	82	73

Disclaimer: These sales figures have been provided by a third party and although all care is taken to ensure the information is accurate some figures could have been misinterpreted on compilation. Furthermore these figures are recent sales from all agents in the area. Data is gathered from Property Guru and REINZ.

We also provide statistical data, free from cost to purchasers and sellers wanting more information to make an informed decision. Phone me today.

Grayson Furniss
Franchise Owner
MILLWATER

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grayson.furniss@mikepero.com



mike Pero | REAL ESTATE

Mike Pero Real Estate, Licensed REAA (2008)

propertytalk

Another month has rolled by and the market remains mostly unchanged since last year. While the sales for the month are low, they are definitely in line with the same month last year. We always expect market activity to start tailing off around the end of November, and not get fired up again till the beginning of February. This year has mostly cemented that opinion.

Prices seem to have stabilised, with most property now selling within a couple of percent of Rateable Value. While there remains much discussion about downward pressure on pricing (mostly from potential purchasers), this appears to be a wider market sentiment rather than a localised Millwater one. While we would concede that the days of panic buying are well over in the Millwater market, we still maintain that prices will remain mostly stable with a relatively elastic supply curve ensuring that a reduction in supply balances any fall in demand, and prices remain "sticky down".

The local supply issue is an interesting one. Some local builders are now struggling with selling completed and near-completion stock, meaning that they are often not pushing on with further projects. This will have a profound impact on the supply of new homes in months to come. So, rather than the average price of new homes being forced to drop any further, we anticipate supply of "spec" homes will slow, with some builders moving more to a design and build operation. Interestingly, listing numbers of existing property seem relatively light, ensuring that there is not a flood of property on the market.

So, the other side of this equation is the demand. It certainly appears that Millwater is back, top-of-mind for buyers at the moment. The last couple of weekends have seen higher numbers through open homes than we have seen for around a year. Some of these are genuine buyers, with transactions

starting to occur with a little more regularity. We anticipate that turnover for February will play out to be somewhat higher than January, with March still better again.

External factors remain a mild concern, with various factors having the ability to cause serious harm to the local economy, and consequentially the property market. The biggest of these is centric around China, its economy slowing, the debt issue, their relationship with Australia and the USA and, as an offshoot, North Korea. We have also recently seen some significant corrections in world share markets, which definitely has the ability to flow into property markets over time.

What is less of a concern is the impact of the new Government. The policies, which appeared to be likely to cause serious impact to the property market, are already being watered down to the point where this seems to be mostly a "business as usual" administration. There will be changes over time; however, the reality of the constraints of keeping the ship steering in the right direction seem to be sinking in and this is a very different proposition than sitting on the shore complaining about the direction the boat was heading in.

The long and short of all this is that local supply could be constrained in the short term, demand could be steady, and, while there are some external concerns, most people seem to be prepared to ignore those concerns since they are not something that can be predicted or controlled. So, we are back to the same old market; well designed, built, presented, marketed and priced property will continue to sell. If any of those elements are missing, it can be a bit of a struggle.

Grayson

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mike Pero

0800 000 525



STYLISH SINGLE LEVEL

4 2 2

\$1,099,000

62 Colonial Drive, Millwater

If quality and style are important to you, you should be viewing this stunning brand new offering from reputable builders, Highmark Homes.

- Brand new 193m² home on flat 489m² (approx) site in sought after Millwater
- large open plan kitchen dining and living area, flowing to outdoor decking
- stunning entertainers kitchen with walk in pantry, 900mm gas hob and oven
- separate lounge or media room and separate laundry
- large, level and secure backyard, ideal for children and pets
- balance of 10yr Master Builders warranty to transfer to new owner

www.mikepero.com/RX1331256

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SECLUDED AND SPACIOUS SINGLE LEVEL

4 2 2

9siblingcourt.com

9 Sibling Court, Millwater

There are not many cul de sacs in sought after Millwater, so finding a sunny single level home on one is a rare treat. Set back from the road, this home is constructed in low maintenance materials on a flat 651m (approx) site. With enough grass to kick a ball plus a range of outdoor entertainment options, this home will cater well for a variety of family configurations.

- generous 218m² single level 2 year old home on flat 651m² (approx) site with space for a boat or campervan
- large open plan living and dining area incl stunning large kitchen with island bench and double oven
- easy flow to multiple outdoor living areas plus a separate lounge area adjacent to living
- balance of Master Build warranty to transfer to new owner

www.mikepero.com/RX1323539

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THE TOTAL PACKAGE!

5 2 3

www.13veracourt.com

13 Vera Court, Millwater

There's a lot to love about 13 Vera Court, a warm and inviting home that's superbly located in a quiet cul-de-sac and is ideal for families of all shapes and sizes. No corners were cut and no details overlooked in the planning and construction of this stylish home, which forsakes nothing when it comes to functionality.

Five generously-proportioned bedrooms are complemented by a large family kitchen and three bathrooms. Open plan living/dining plus a separate living area on the lower level are perfect for entertaining and enjoy seamless indoor/outdoor flow. An additional living area upstairs provides extra space for the family to unwind. The outdoor area offers unrivalled privacy and a variety of different areas to choose from. Please call us for more information.

www.mikepero.com/RX1369080

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SINGLE LEVEL ENTERTAINERS DELIGHT

4 2 2

www.50timberlanddrive.com

50 Timberland Drive, Millwater

This sunny, warm home feels spacious with four bedrooms, a study, generous open plan living and a large designer kitchen. Add to this the large butler's pantry and you've got an entertainers dream!

- 2 year old Generation 198m home on a 560m fenced site
- Balance of Premium Master Build Warranty
- Stunning bench top bi-fold windows opening to BBQ area
- Small boat or trailer parking / study near front door for easy access
- Warm and sunny master suite with ranch slider to outdoor area
- Fully ducted heating/airconditioning system to all rooms / LED lighting throughout

www.mikepero.com/RX1273158

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EASILY MAINTAINED, EASILY OWNED!

4 2 2

www.37ascensioncres.com

37 Ascension Crescent, Orewa

Price by Negotiation

Enviably positioned close to popular schools and a host of amenities, this well-priced home represents a wonderful opportunity to establish yourself in a great location without having to break the bank to do so. Located in the heart of Orewa, this warm and inviting home boasts four double bedrooms, highly-functional kitchen and bathroom spaces with the added convenience of a separate laundry. The open-plan living and dining area are bathed in an abundance of natural light, while sliding doors promote easy access out to the delightful grounds. With vacant possession available, this charming home is about to undergo a change of ownership, and prospective purchasers are advised to act quickly. Contact Max today for further details.

www.mikepero.com/RX1396572

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max.zhang@mikepero.com

Mike Pero

0800 000 525



STUNNING PRIVATE OASIS

3 5 2

By Negotiation

360 Wairere Road, Waitakere

Nestled in a stunning bush valley setting this well maintained home offers unrivalled privacy, yet still experiences all day sun. The immediate surrounds of the house have been beautifully landscaped and cared for over the years, with lovely bush paths and idyllic areas to relax in. There is ample off street parking plus two sheds - one fully enclosed 4 car garage, the other an open 4 bay implement shed. This is truly a nature lover's paradise - come and see for yourself!

- 5.76ha (14.08 acres) of mostly native bush
- private, picturesque and quiet - set back from the road
- 3 paddocks with water facilities
- beautifully cared for and recently painted home

www.mikepero.com/RX1398676

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SEE ONLINE
FOR MORE
DETAILS!



INSTANT STREET APPEAL!

4 3 2

www.10vueterrace.com

10 Vue Terrace, Millwater

- 245m² Highmark Home on flat 663m² (approx) site in sought after Millwater
- 10 year Master Build warranty to transfer to new owner
- large open plan kitchen dining and living area, flowing to outdoor decking
- stunning entertainers kitchen with island bench, walk in pantry, double oven, 900mm gas hob & blond oak flooring
- separate lounge or media room
- triple car garaging with insulated auto doors
- main bathroom with freestanding bath and separate WC
- large level and secure backyard, ideal for children and pets

www.mikepero.com/RX1266008

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Mike Pero



Millwater - 38 Bartlett Drive

4 2 2

The Ideal Single Level Package

- wonderfully designed & built Sicato home
- fantastic open plan layout for kitchen
- easy flow to private outdoor entertainment spaces & appealing landscaped yard, full fenced and secure
- low maintenance & durable materials plus an easy care section; perfect for those with a busy lifestyle
- double glazed and well insulated for the colder nights, including a heat pump
- balance of Master Builders warranty to transfer to new owner

Offers over \$1,050,000



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Mairangi Bay- 12 Mayfair

5 2 3

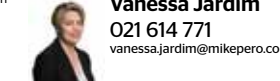
First time on market in 49 years!

It's not often that a property of this size & quality becomes available in this sought after Mairangi Bay location, particularly one that has been in the same family since new. The stunning sea views are sure to captivate you, while the options presented by the large 908m(approx) section and 300m home are going to have you considering this long into the night. If that isn't enough there is a surprise bonus to be discovered when you get there. This home is worthy of serious consideration. Call Grayson or Vanessa for more information.

By Negotiation



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grayson.furniss@mikepero.com



Vanessa Jardim
021 614 771
vanessa.jardim@mikepero.com

Web mikepero.com/RX1297725

Mike Pero

0800 000 525



FAMILIES WELCOME HERE!

3+ 2 2

www.38cilliersdrive.com

38 Cilliers Drive, Millwater

- In a suburb full of new houses it takes something special to stand apart from the rest & this stunning home does just that!
- 239m stunning 1 year old home on elevated 500m site
 - impressive master bedroom opening to the private deck and entertainment area
 - separate children's wing, complete with two bedrooms, own lounge, bathroom and access to an outdoor play space
 - Upstairs offers untold potential-currently used for guest accommodation with own lounge, ideal for extended family
 - open plan entertainers kitchen, dining, & living with polished concrete floors & high stud height
 - large bi-fold doors create superb indoor/outdoor flow & provides easy access to the generous sun-drenched deck

www.mikepero.com/RX1292220

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www.mikepero.com



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Millwater- 89 Ormonde Dr

5 5 2

Let Luxury Define Your Lifestyle!

There's a sense of something special about this quality home, a certain 'je ne sais quoi' that emanates from it's timeless design. This sophisticated home is bright and spacious offering five generously-proportioned bedrooms, all with their own ensuite plus a guest toilet and a study. The house boasts a colonial style designed kitchen with top quality appliances and a butler's pantry. Three superbly configured living areas allowing for both intimate family moments and large-scale gatherings. Call now for more information.

By Negotiation



Max Zhang
021 521 888
max.zhang@mikepero.com

Web mikepero.com/RX1369799



Orewa-48 Ascension Cres

4 2 2

Stunning option for a simple life in Orewa

This is the perfect home for the couple or family who are too busy to deal with gardens & lawns yet still like to live & entertain in comfort & style.

Offers over \$1,058,000

- 211m(approx) of luxurious living on 219m(approx) of freehold land
- Master bedroom with estuary views
- Generous open plan living areas with large deck & balcony with more views
- Three well-proportioned bedrooms with build in wardrobes on the ground floor
- Stunning kitchen fitted with quality appliances

Web mikepero.com/RX1325320



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Silverdale Kindergarten Bike-a-thon



Silverdale Kindergarten are gearing up for their annual Bike-a-thon/Gala on Saturday the 17th March.

The Bike-a-thon/Gala is our biggest fundraising event of the year and grows in success, size and fun each year. *It is our hope to raise enough money this year to fund a new cover for our sandpit and put up a brush-stick fence to protect the privacy of our kids in the outdoor playground.*

Silverdale Kindergarten is a publicly-funded kindergarten. This means that, while the Government pays the teachers' salaries, everything else in the kindergarten – from the toilet paper to the swings, to the electricity, to the paints, are paid for through donations and fundraising. The kindergarten is always hopeful

that the Bike-a-thon/Gala will raise a large proportion of the fundraising we need for our above projects and more.

We hope that the whole community will again enjoy the event this year. There is so much going on: bouncy castles, epic obstacle course, pony rides, a silent auction, raffles, bake sale, sausage sizzle, games tents, and so much more. There will also be the big hit of last year's "pie face" with the teachers.

While the Bike-a-thon is only open to the children who attend Silverdale Kindergarten, the Gala is open to everyone and is a great day out for the whole family.

The Gala will be held at 2 Longmore Lane, off Millwater Parkway, from 10am until 1pm.



Emma Jean Framing Gallery



Emma and Tommy Morgan have added a high-quality asset to Silverdale Village by opening their brand-new art gallery and framing workshop in Agency Lane, where 'big name' and local artists will exhibit on a regular basis. Not only will you see great art on display, but you will also see how the right frame can significantly enhance any picture – not just great works of art.

The first well-known artist to exhibit will be John Mulholland, who has had many successful exhibitions throughout New Zealand, and this important exhibition in Silverdale opens on 1st March with an evening reception 6-8pm, when you can meet and talk

with the artist himself. Other major exhibitions of fine art, in a variety of media, will take place throughout the year.

Picture framing remains a core service at the gallery, which now offers also a home delivery and hanging service. Placing a newly-framed picture in the right place in your own home, where the lighting will best complement your artwork, is a speciality of the Emma Jean Framing Gallery.

The new gallery space, with dedicated and configurable spot-lighting, is available to local artists and other groups who may wish to stage an art scene workshop or perhaps an intimate evening event or reception.

Emma Jean Framing Gallery is looking at partnering with Northgate Church, to provide a valuable, hands-on work experience in art, which is already known to help people suffering from depression. Picture frame-making is just one aspect of this work, with profits from the gallery's excellent special frames supporting this endeavour.

You will find Emma and Tommy very approachable and knowledgeable; ensuring that you receive the very best experience and top-quality service. You will have the opportunity to meet well-known artists face-to-face on a regular basis and gain first-hand knowledge of their works. Professional advice on framing comes at no cost – and you will have access to the widest choice of materials, colours and patterns around – also having the opportunity to choose their personal delivery and hanging service.

For Artistic Excellence



5 Riverside Rd, Orewa
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PICTURE HANGING

UPCOMING EXHIBITION

1ST - 29TH MARCH

FEATURED ARTIST

JOHN MULHOLLAND

THE BREATH OF ORIGINS

EXHIBITION PREVIEW

1ST MARCH 6PM - 8PM

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EMMA MORGAN | OWNER & DIRECTOR

09 426 3093 | 7 AGENCY LANE, SILVERDALE VILLAGE | EMMAJEANFRAMING.NZ

CENTRAL'S TIPS

MARCH 2018



It's time to start planting in your winter garden - whether it's vegetables like cabbage and broccoli or flowers such as calendula and Iceland poppies - these can all be planted now. Also don't forget to feed your citrus trees!



Start winter vegetables in your garden

Cabbage, broccoli, tatsoi and spring onions can all go in now.

IN THE VEGGIE PATCH

- Give citrus a side dressing of sheep pellets or citrus fertiliser
- It's the start of winter vegetable growing: plant out cabbage, Chinese cabbage, broccoli, tatsoi, and spring onion seedlings
- Winter flowers for the vegetable patch that can be sown now: calendulas and Iceland poppies
- Plant out a crop of spinach as it grows better when it is not so hot.

LAWNS

- De-thatch your lawn if necessary and over-sow thin areas of the lawn with the appropriate seed, and our recommended fertiliser, ProLawn Turfmaster Starter.



De-thatch and sow lawns

Now's the time to de-thatch and sow thin patches on your lawn - plus don't forget to fertilise them!

THE REST OF THE GARDEN

- Fertilise the garden with ProLawn Garden Supreme
- Continue to deadhead roses, but avoid cutting them back hard
- Plant out autumn-toned shrubs and flowers to complement the autumn colour ahead: orange flowered day-lilies and bright foliage shrubs such as heucheras and NZ coprosmas
- Prune hedges and topiaries and fertilise.



Deadhead roses - but don't cut them back

Deadheading is done to keep roses looking attractive and encourages more blooms. Just don't cut them back too hard yet.



YOUR LOCAL LAWN EXPERTS!

Central Landscape Supplies Silverdale stocks the Prolawn range which is made by turf experts. We are the people to see for the establishment and maintenance of your lawns.

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Open Hours: Monday - Friday: 7am - 5pm, Saturday: 8am - 4pm, Sunday: 9am - 4pm
www.centrallandscapes.co.nz • 09 421 0024 • 90 Foundry Road, Silverdale Business Park

artSpeak

Wax, fabric, paint, pastel and clay go on display this March

With over 40 artists' work on display for the month of March, there is certainly something for everyone's tastes.

In the main gallery, acrylic painter Michelle Wright will be showcasing her large New Zealand-inspired landscapes and seascapes. "Living close to the coast in Red Beach, I can be found walking the beaches, here and on other coastlines, taking many photos. This has led to my inspiration for this exhibition, and of course my love of birds," explains Michelle. This work is accompanied by figurative sculptures on West Coast driftwood by Pauline Trotter and ceramic sculptural forms by Jill Bryce. 14 photographers who are part of the Hibiscus Coast Photo club will display a range of photos; from candid snaps of people, to animals, action shots and landscapes.

Sue MacDougall is an established artist who was born in New Zealand but gets to live part of the year in Greece. Originally an acrylic painter, she discovered the Encaustic Hot Wax medium about 5 years ago and this is the focus of her exhibition. Encaustic Hot Wax is made up of all-natural products (beeswax, tree resin and colour pigments) and was used 2000 years ago by the Greeks and Egyptians as a sealant for their boats and icon painting – a slow progress of building up each image.


For the second time, Maureen van Dam and Rosemary Rush combine talents to showcase their new textile quilting work in their exhibition titled "Face Time". Gorgeous, rich-coloured fabric makes up this vibrant show of contemporary portraits. In the upstairs gallery, Robyn Semmen's bold and bright pastel Kiwiana drawings will be featured alongside Tania Parrot's multi-media Kiwi-inspired artworks.


These March exhibitions run from 9am to 4pm daily, 08 March to 01 April.

If you would like to meet the artists, the official exhibition opening will be held on Saturday 10 March, from 3 to 5pm.

The Art Centre is located next to the Estuary on the Te Ara Tahuna Cycleway at 214b Hibiscus Coast Highway. Visit us on Facebook or our website www.estuaryarts.org








"SOLITUDE ON THE COAST"
Acrylic painting by Michelle Wright



"EXPLORATIONS IN CLAY"
Jill Bryce & Pauline Trotter



"Encaustic" artworks
by Sue MacDougall



"FACETIME" textiles by
Rose Rush & Maureen van Dam

"The Monday Group"
Photographic group show

"PASTEL, PAINT, CLAY"
Robyn Semmens & Tania Parrott

214b Hibiscus Coast Highway, Orewa
www.estuaryarts.org
09 4265570 | Open 7 days a
week, 9am- 4pm | FREE ENTRY

MIKE PERO MILLWATER AUTUMN PROMO

List with the team at Mike Pero Millwater during the month of March and have your \$1800 (approx) marketing package refunded on sale.

Marketing Package

- 3 week Super Feature Campaign on Trade Me
- Listing on realestate.co.nz
- Listing on mikepero.com
- Pictorial signboard
- Advanced Internet Marketing on Facebook + Google
- Top quality photography and walk-through video
- Half page advert in The Millwater Mag
- National TV Advert on TV3

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10 Agency Lane, Silverdale Village
Ph 09 426 5087 and we will come to you!

Thu	01:10	07:32	13:41	20:01
1 Mar	0.4 m	3.2 m	0.4 m	3.1 m
Fri	02:05	08:26	14:36	20:55
2 Mar	0.3 m	3.3 m	0.4 m	3.2 m
Sat	02:57	09:17	15:27	21:46
3 Mar	0.2 m	3.4 m	0.3 m	3.3 m
Sun	03:46	10:06	16:16	22:34
4 Mar	0.2 m	3.4 m	0.3 m	3.3 m
Mon	04:33	10:54	17:03	23:21
5 Mar	0.3 m	3.3 m	0.3 m	3.2 m
Tue	05:19	11:40	17:48	
6 Mar	0.4 m	3.2 m	0.4 m	
Wed	00:06	06:05	12:25	18:33
7 Mar	3.1 m	0.4 m	3.1 m	0.4 m
Thu	00:51	06:52	13:10	19:17
8 Mar	3.0 m	0.6 m	2.9 m	0.6 m
Fri	01:37	07:41	13:55	20:04
9 Mar	2.8 m	0.7 m	2.8 m	0.7 m
Sat	02:27	08:33	14:43	20:54
10 Mar	2.7 m	0.8 m	2.7 m	0.8 m
Sun	03:21	09:29	15:35	21:51
11 Mar	2.6 m	0.9 m	2.6 m	0.9 m
Mon	04:19	10:26	16:31	22:51
12 Mar	2.6 m	1.0 m	2.5 m	0.9 m
Tue	05:17	11:21	17:28	23:48
13 Mar	2.6 m	0.9 m	2.5 m	0.9 m
Wed	06:10	12:13	18:24	
14 Mar	2.6 m	0.9 m	2.6 m	
Thu	00:39	06:58	13:00	19:15
15 Mar	0.8 m	2.7 m	0.8 m	2.7 m
Fri	01:24	07:43	13:45	20:01
16 Mar	0.7 m	2.8 m	0.7 m	2.8 m
Sat	02:06	08:24	14:28	20:44
17 Mar	0.6 m	2.9 m	0.6 m	2.9 m
Sun	02:46	09:05	15:09	21:25
18 Mar	0.5 m	3.0 m	0.5 m	3.0 m
Mon	03:26	09:46	15:51	22:06
19 Mar	0.5 m	3.1 m	0.4 m	3.1 m
Tue	04:07	10:28	16:33	22:48
20 Mar	0.4 m	3.1 m	0.4 m	3.1 m
Wed	04:49	11:11	17:17	23:31
21 Mar	0.4 m	3.1 m	0.4 m	3.1 m
Thu	05:34	11:57	18:02	
22 Mar	0.4 m	3.1 m	0.4 m	
Fri	00:17	06:23	12:45	18:50
23 Mar	3.1 m	0.5 m	3.1 m	0.4 m
Sat	01:07	07:16	13:36	19:42
24 Mar	3.0 m	0.6 m	3.0 m	0.4 m
Sun	02:03	08:14	14:32	20:40
25 Mar	3.0 m	0.6 m	2.9 m	0.5 m
Mon	03:04	09:18	15:33	21:44
26 Mar	2.9 m	0.7 m	2.9 m	0.6 m
Tue	04:10	10:23	16:38	22:50
27 Mar	2.9 m	0.7 m	2.9 m	0.6 m
Wed	05:14	11:27	17:44	23:54
28 Mar	3.0 m	0.6 m	2.9 m	0.5 m



Jesus Christ Superstar



9-24 March

Re-live it or live for the first time – this is the show to start 2018 off!

October 12 1971, John Travolta, a prison in Peru, 711 performances, banned in South Africa and Hungary, played by the Vatican's radio station, Rock Opera, Tim Rice, Andrew Lloyd Webber, Mrs Neely walking out, Deep Purple – all of these words are linked to the amazing production of the sensational musical Jesus Christ Superstar.

Some connections are obvious, some are obscure.

What were you doing in 1971? Have you seen this musical?

Have you heard the album?

Have you cried after the first 10 lashes?

Do you know how to love Him?

What would you do for 30 pieces of silver?

No matter which answer you have, you need to arrive at Centrestage Theatre, prepared to be blown away. Re-live the musical or live it for the first time, it matters not.

Centrestage Theatre Company will allow you to be transformed back to a timeless story of Jesus' last days through the eyes of the betrayer Judas

Just watch Tom Grut (Blood Brothers 2017) as Jesus, George Keenan (Director of Little Shop of Horrors, 2017) as Judas, and Sophia Pederson (Sound of Music 2016) as Mary Magdalene, in an amazing production directed by Rosanne Watkinson.

Book tickets on line at www.centrestagetheatre.co.nz

Or phone Centrestage Theatre on 094267282.

tim lawrence fishing spot



"Land-locked" and "cabin fever" best describe how the fishing has been for me last month. The weather systems have been abnormal for this time of year and I am putting this down to why my fishing has been average this month.

We managed a couple of trips out on the water, but the weather made it tough going. Our last trip was a day session out to Little Barrier Island, with a forecast of a 10-12 knot easterly. We cruised out to chase kingis on a reef sitting in about 45m of water, south of Little Barrier, before travelling to the west side of the island to set up and strayline out of the easterly wind. When we arrived, every man and their dog were there, so there was a lot of boat noise and punters setting up 30 metres behind us in our burley trail. It was never going to be our day.

After a few hours, we stuck our nose around the corner to head for a gut on the SE side of the island, but the wind had picked up to a solid 15-18 knots. We smashed our way over to the spot and set the anchor; only to catch another three or four fish. The chop was well over a metre high by the time we decided to head back. With the sea behind us, old Maggie cruised on home to Omaha Bay, where we soft-baited into the shore for a short while before heading home. We caught enough fish for a couple of feeds each but that was about it.

March has some good moon phases for fishing in the first two weekends and on the last two Fridays of the month (Good Friday...hint hint). This will also be your last chance to grab some scallops before the season finishes at the end of the month.

We have three spots left for the Epic and Mad Max fishing charter in the Coromandel on the 28th April. Get in contact if you are keen.

Tight lines!

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LYRICS BY TIM RICE MUSIC BY ANDREW LLOYD WEBBER

9-24 MARCH 2018

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Composting the Hibiscus Coast to Zero Waste



Destination Orewa Beach launched the HBC's first zero waste event last month. Stallholders and cafés that lined the closed highway for the Boulevard Arts Festival in February were asked to use "compostable" serving containers rather than plastic ones. A wide range of compostable options were given—potato plates, sugarcane bowls, corn-starch PLA cutlery and bamboo cups. At the end of the event, all the food scraps, contaminated paper and compostable serving ware was taken away to be hot composted. The compost will be used to grow more food or make more compostable serve-ware. This is an example of a sustainable system, and also a zero-waste-to-landfill system.

There are many ideas of better ways to handle waste instead of putting it in a landfill or incinerating it. Community groups

like ours, HCZW (Hibiscus Coast Zero Waste) have pushed Auckland Council to consider these ideas in the Waste Management and Minimisation Plan. Other ideas waiting to be put into practise are tackling the 80% of commercial waste going to landfill, keeping organic material, tyres and e-waste out of the landfill, putting bottle deposits on all containers with the money returned when the containers are returned, requiring industry and importers to take more responsibility for the life-cycle of their products, and expanding the community recycling network.

The month of March is the community's chance to "Have their Say" on the future of waste and recycling. The Whangaparaoa Community Recycling Centre (WCRC) encourages Millwater residents to read about the WMMP and submit their views on the Auckland Council's Waste Management and Minimisation Plan (WMMP). Everyone's input counts and everyone's input helps!

Feedback must be received by 8pm on Wednesday 28 March 2018. On-line submissions can be made at www.akhaveyoursay or paper forms can be picked up from the libraries or the Whangaparaoa Community Recycling Centre (WCRC) at 637 Whangaparaoa Road. Betsy Kettle, a member HCZW which runs the WCRC, is keen to speak to other community groups who want to know more. 021 0826 8196.

See advert on page 46

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social
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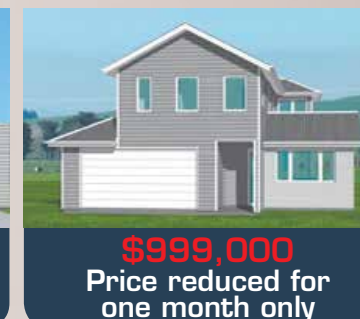
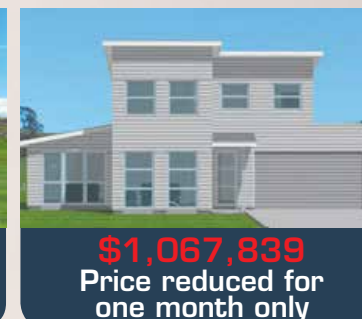
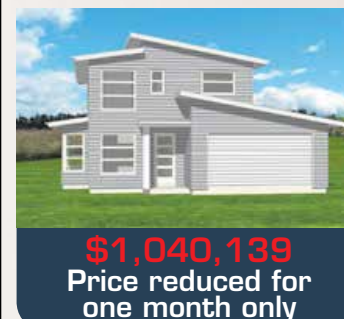
www.illuminatechurch.org



New Show Home Now Open in Millwater At 12 Old Mill Road, Millwater, Silverdale.

Our new show home in Millwater is long awaited and excitement has been building. We opened the doors for the first viewing on Saturday October 7th, visitors loved it. Based on the stunning Mayfair plan from our Core Series Range, this home offers over 370sqm of spacious luxury family living with four bedrooms upstairs and a self-contained guest room on the ground floor. Come and take a look at the best of Stonewood design and quality, we believe no housing company offers better value for money.

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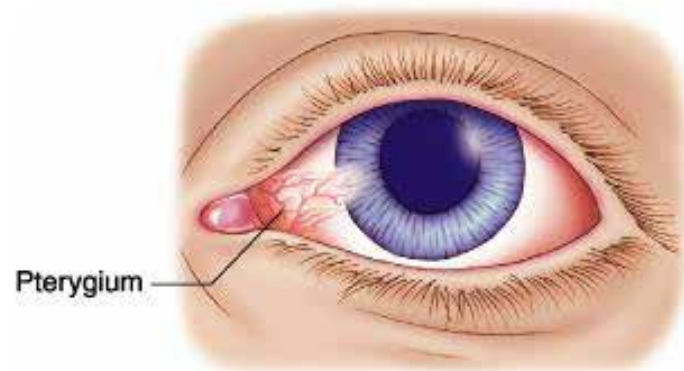
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WHAT IS A PTERYGIUM?

by James Park, (BOptom) OPSM Silverdale



grow rapidly and, in that case, they can invade the cornea and lead to permanent vision loss by obscuring the optical centre of the cornea (i.e. by covering light going through the pupil).

To reduce the risk of developing a pterygium or to slow down the existing pterygium, wearing protective sunglasses and/or a hat is very important, and regular use of artificial tears is useful. Polarised lenses in particular are useful, as they block 100% of UV rays reflecting off the surface of ground and water.

There are surgical options available to get rid of a pterygium, but this is usually only recommended if there is a sign of rapid change in vision due to its growth, or if it is causing an ongoing discomfort and/or if it has grown close to the centre of the cornea.

If you have chronic red eye problems, or if you already have a white or yellow lesion growing over the conjunctiva, it is a good time to have an eye examination.

If you would like any further information on this subject or any other eye-related issues, please call 09 426 7902 to make an appointment with local Optometrists James Park or Jessica Tay at OPSM in the Silverdale Centre (near Countdown).

A pterygium is a benign growth of the conjunctiva, which is primarily caused by ultraviolet-light exposure sometimes associated with low humidity, windy and dusty conditions. A pterygium itself is harmless but, when this is starting to grow over the cornea, it can create an astigmatism (irregular focus in vision) and discomfort from dry or itchy eyes, and foreign-body sensation with lids catching the pterygium during blinking. They can also leave a permanent redness appearance on conjunctiva.

They usually grow slowly over time, but sometimes they can

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Dance to The Music



I clearly remember my youthful enthusiasm as a 20-something. I was gung-ho and driven to my 'happy ever after.' By my early 30s, I was married, earning well and had started a family. Then the music changed; we had to learn a new dance. If we had made different financial choices before the music changed, we could have avoided a lot of stress while learning the new dance.

Our education system does little to prepare our youth to navigate personal finances when they step into the grown-up world. We have a 21-year old son and we focus on empowering him with financial sensibility. We wish our 'child' a worry-free life; but, as we know, life does not discriminate. We cannot insulate him, but we can help set him up to be prepared for changes to his music. We learn the quickest from our mistakes, but financial mistakes hurt, badly. Financial understanding will ensure he is able to apply good judgment, is not taken advantage of, or misled in his financial decisions.

Are you in your 20s/30s or know someone who is? Would you like help in assessing your current financial position, goal setting and developing a plan? I have used my skills and experience as a Chartered Accountant and Registered Financial Adviser to develop a guide that will empower you to take control and choose how you dance. Let's have a chat, we're here to help you.

Valentina Pereira is a Registered Financial Adviser and a Chartered Accountant with the Institute of Chartered Accountants in England & Wales. The comments above are her personal opinions and not intended to be personal advice. If you would like to discuss the contents of this article, please contact her on valentina@mirockfs.co.nz or 021 627 802

Do any of these describe you?

- A busy family
- Working hard and every cent is precious
- Think you are young, fit and healthy and nothing can go wrong?

Truth is *Life happens...* and I can help you plan for the unexpected

When was the last time you reviewed your insurance?
Do you know what you have versus what you really need?



I live and work locally and am passionate about helping people protect themselves, and their families. Have any questions?
Contact me, Valentina Pereira and we can chat over a coffee.
† 021 627 802 | e valentina@mirockfs.co.nz | www.mirockfs.co.nz
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Spouse vs Children – Can You Be Fair to Everyone?



Trying to work out who gets a share of your property after you die can be very complicated, especially if you have a blended family. Unfortunately, even if you know what you wish to leave each person (and many people struggle with making that decision themselves), there are ways that your spouse and/or your children can make claims against your estate if they feel that they have not been fairly treated.

Many people decide that they will leave everything to their partner or spouse, on the understanding that the spouse will look after their step-children in future. The Family Protection Act 1955 (FPA) allows family members to make a claim against your estate if they believe they have not been properly provided for, and many children choose to make a claim on their parent's estate in these circumstances.

It also may be tempting to leave your estate entirely to your children. Unfortunately, this can also lead to potential claims. Your spouse can use the FPA to make a claim, or they could make an application under the Property (Relationships) Act 1976 (PRA). The PRA allows your spouse to make an application to have your estate divided as relationship property, rather than in accordance with your Will. Again, this may mean that your estate is distributed differently to how you intended.

Whilst a claim under the FPA and PRA can override your wishes, there are some steps you can take to minimize the chance of a successful claim being made:

You can enter into a Contracting-Out Agreement with your spouse, which overrides the PRA;

Setting up a Trust can also provide protection; however, this does need to be carefully considered, as Trusts do not always provide protection;

Leaving your spouse an interest in your property during their lifetime, with property going to your children after your spouse has died (a 'life interest').

This is an increasingly murky and complex area of law. If you are in a blended family situation, you should discuss the various options with your lawyer in order to structure your affairs in a way that works best for you and your family.

Katrina Simpson
Solicitor
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HSV Car Show president@hsvclub.com
Centrestage Theatre 09 426 7282
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Community

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Forrest Funeral Services 09 426 7950
Illuminate Church 09 929 7824
Whangaparaoa Community Recycling Centre 021 0826 8196

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MiRock Financial Services 021 627 802
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Millwater *recipes*



Prawn, calamari & tomato Laksa with Asian vegetables (4-6 portions)

Tomato Laksa

20mls x sesame oil / 30mls x canola oil
 2 x fine diced red onions
 1 x stick lemon grass
 4 x kaffir lime leaves
 50gms x ginger bulb chopped
 30gms x finely chopped fresh garlic
 20gms x chopped coriander stalk, 20gms x basil stalks,
 5gms x mint leaves
 500gms x chopped whole peeled tomatoes
 50gms x red Thai curry paste (depends how hot you want it!)
 50gms x palm sugar
 2ltrs x liquid chicken stock
 Fish sauce to flavour
 400mls x coconut cream

In large hot saucepan with add oil, garlic, red onions; sweat till soft. Add ginger, mint leaves, coriander/basil stalks, kaffir, lemongrass; sauté for further 5 minutes till soft. Add red Thai curry paste for 2-3 minutes. Add tomatoes, palm sugar, chicken stock. Bring to boil, simmer slowly 1 hour. Blend with stick blender, strain through fine strainer. Finish with coconut cream/fish sauce to desired flavour.

To Finish the Entrée

Bring Laksa to boil, add 12 prawn cutlets, 16 squid rings, bok choy, spring onions, red capsicum for 2 minutes. Serve Laksa in hot bowls topped w- coriander.

Happy Cooking from Culinary Lane



Curry Puff and mini Spring Roll

Ingredients

Spring roll pastry
 400g mince beef
 1 onion, diced
 1 shallot, diced
 4 cloves garlic, diced
 2 teaspoon curry powder
 2 teaspoon curry paste
 2 teaspoon tomato paste
 Other options: coriander and cumin seed powder

Mince Beef marinade

2 tablespoons soy sauce
 Pepper
 A dash of sesame oil
 1 tablespoon corn flour

To Make

Defrost spring roll pastry first
 Marinate beef mince, mix, then add 2 tablespoons of water and mix again.
 In a saucepan, heat up oil and stir in onion, shallot and garlic. Stir for about 1 minute.
 Add beef mince and fry until beef turns brown, add curry powder, curry paste and tomato paste. Adjust to taste and set aside until completely cool.
 Cut spring roll sheets into half (rectangles).
 Pull out one spring roll sheet, spoon beef mixture onto one corner of the sheet, then fold into triangle shape. Seal the edges with water.
 For mini spring roll, spoon the mixture at the bottom of the rectangle, roll up while folding the edges inside. Again, seal the edge with water.
 In a deep saucepan, heat up about 1 inch of oil. Fry in medium-low heat for about 3-4 minutes (turn in between) or until it is golden brown.

Nita Wong

Get a Brighter Smile this Wedding Season



With the wedding season still in full swing, it's the perfect time of year to treat yourself to a quick and easy teeth-whitening treatment, to enhance your smile for all those memorable events coming up! Unlike harsh in-chair bleaching, our whitening procedure is gentle on your enamel and gums. And the best part? The degree to which you brighten your teeth, and when you decide to do it, is completely in your hands.

After taking an impression of your teeth, we will manufacture a custom-fitted teeth-whitening kit that you can use at your own pace and in the comfort of your own home. We will provide you with all the necessary components and easy-to-follow instructions, as well as a fitting where we will show you how to use your kit to best advantage.

Natural tooth colour varies greatly between people and can change and stain through various foods, drinks and smoking. Teeth whitening changes the natural colour of your teeth, giving you brighter, lighter dentition, and taking years off your smile. For this reason, it's the ideal cosmetic procedure for enhancing your grin, in preparation for a special event, with a minimum of fuss.

If you'd like a brighter, whiter smile, contact our friendly team today on 09 426 5262, or team@dentalsuite.co.nz, and we'll be happy to help you out!

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Something to share



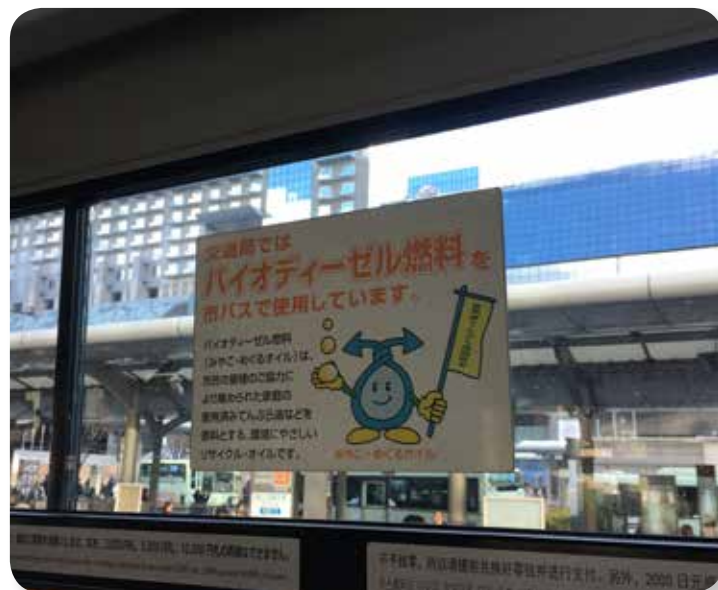
After 8 years, I finally made my first trip back to Hong Kong, and in between we managed to travel to our favourite cities, Osaka and Kyoto in Japan, and showed our kids the places we used to hang around long before they were born. The feeling was a little bit unreal, as we used to travel to these places as a couple and now, all of a sudden, we have two kids in tow.

Anyway, while this is not a travel column and I won't be talking about my trip in detail, instead I would like to share with you something I have spotted and found very interesting, and can't help myself thinking how nice if we could have this in New Zealand!

The first photo is a sign I captured outside a toilet in a shopping mall; as you can see from its English description, the toilet has installed the latest security system, with the sensors to alert the security room if any object is left behind (great news to those who always left phone or keys behind in the public toilet); unidentified objected (such as a bomb!); it can even detect any tumbling motions, so, if someone has a fall inside the toilet, the security room will be informed immediately and can come to the rescue!

The second photo was taken inside a city bus in Kyoto.

At first, I was attracted by the cute cartoon character and then I read the message: "City buses are running with Bio-diesel fuel: Everybody can help by collecting waste tempura oil from households, which is then recycled into Bio-diesel fuel."



Of course, Kiwis do not cook tempura at home, but we have the world-famous fish and chips! Imagine if we could collect all the waste oil from fish and chip shops and recycle it into bio-diesel fuel, that would be a great help to the environment, wouldn't it? I did a bit of research and the great news is that there are companies in Auckland collecting waste oil, with some major restaurants already participating for collections. So, let's hope in the future the collection can extend to a greater scale, just as we do with the rubbish and recycling collection, and maybe one day all our city buses can run with Bio-diesel fuel!

Nita Wong, Millwater resident
Originally from Hong Kong 20+years ago

Love Recycling, Hate Waste?

THE WHANGAPARAOA COMMUNITY RECYCLING CENTRE
encourages Millwater Residents To Have Your Say and Make a Submission to the Council's 2018 Waste Management and Minimisation Plan until the 28th of March

Pick up a form from the Whangaparaoa Community Recycling Centre and support Auckland Council's Community Zero Waste Initiatives!

Or submit on line at www.akhaveyoursay and save some paper!

Featuring your Millwater residents who have a home-based business or a service to offer

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Did you know?

Community
involvement

Mike Pero have been operating in Millwater for over 5 years and have been an active part of this community?

Grayson & Sarah enjoy supporting the community and local events.

Below is a selection of local events that they have sponsored and been involved in the past 12 months.

- Sponsorship of advertising/editorial space in The Millwater Mag
- Annual Platinum Sponsor of Silverdale School Country Show Day – this includes a large cash donation and running a food stall on the day. They also provide our Mike Pero bouncy castle for use for the event.
- Annual Silverdale School Picnic – run a sausage sizzle and donate the food items required
- Annual Silverdale School Disco – donate funds required to hire the photo booth for the students
- HBC Rotary – donated funds to cover costs for signage at Millwater Community Homestead
- Annual Millwater Clean-up Day – provide food for a Sausage Sizzle for residents at the end of the clean up
- Annual Millwater Families Picnic – each year (weather permitting) organise a community picnic for residents to enjoy. It involves music, food, bouncy castles and more! Watch this space for a new event for 2018!
- Millwater Golf Day – This has yet to become an annual event but they sponsored the first event by donating drink bottles to all competitors
- Millwater Sports Day – This is becoming an annual event and they sponsor it by donating drink bottles to all competitors
- Millwater Adopt A Family for Christmas – This is now an annual event. Mike Pero Millwater supports this event by donating funds to cover the costs to print all the flyers to promote this worthy cause. They also cover costs for advertising space in The Millwater Mag.
- Millwater Mud Grass Rally – a first in 2017 and was organised by a local resident. They sponsored this event by assisting with set up and providing prizes for competitors.
- Annual Christmas Lights Competition – this competition was created by Grayson & Sarah and has been running for 3 years. They judge all the houses in Millwater and donate prizes for 'Best House', 'Best Street' and 'Best Townhouse'.

Grayson & Sarah Furniss

021 665 423 | 09 426 6122 | millwater@mikepero.com

Mike Pero | REAL ESTATE

Mike Pero Real Estate Ltd REAA (2008)

